

Remember:

Bill's **First** attempt to stop drinking = **Willpower**

1st Hospital stay

Bill's **Second** attempt to Stop Drinking
Self Knowledge

which led to relapse and

2nd Hospital Stay

Lois was given brochures for insane asylums, which Bill found later back at the house. (there is no hope described in "That Strange Obsession")

"After this relapse - Terror, Self Hatred and Suicidal Thoughts became constant companions" - p106 PIO

Started Bill's **Third** attempt to stop drinking is **Fear**.

Then his Drinking Binge on Armistice Day Nov. 11 1934

"The next morning about 5 am, Lois found (Bill) unconscious in the doorway of 182 Clinton St.. (Bill) Fallen against the door, was bleeding heavily from a bad scalp wound. My hand still clutched the strap of his golf bag. As I regained Consciousness, nothing much was said - PIO p111

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"That Strange Obsession"

pg.3 & 6-7

"The main problem is it's Obsessional Nature - one of the most powerful compulsions known - How to Expel the Mental Obsession is the problem"