

C.A. IRELAND CONVENTION

FRIDAY

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3PM-7PM Registration desk

Pick up your lanyard and/or banquet bracelet

OPENING CEREMONY

6:30PM-7:30PM Main room

Kick start the convention with the opening ceremony

7PM-8PM Room 2

Co-Anon meeting for family and friends of addicts

C.A. SPEAKERS

7:45PM-8:30PM Main room

Kell from Belfast

8:45PM-9:30PM Main room

Pat R from Dublin

ENTERTAINMENT OR MARATHON MEETINGS

10PM-To Late Main room

Entertainment

10PM-11PM 11PM-12PM

Room 1

Marathon meetings

SATURDAY

MORNING SEA SWIM

6:30AM Reception

Meet at the reception to go for a cold water swim in the sea

SOUND BATHS

9AM-10AM 10AM-11AM Room 2

Sound bath meditation (35 people maximum each session)

REGISTRATION

10AM-4PM Registration desk

Pick up your lanyard and/or banquet bracelet

C.A. NEWS, "WE CAN RECOVER" NORTH, EAST, SOUTH & WEST

11AM-12PM Main room

Alan (North), Keith (East), TJ (South), Edel (West)

MARATHON MEETING

12PM-1PM Room 1

Marathon meeting

| | 12PM-1PM Room 2 | Co-Anon Meeting (Open meeting) | | | |
|------------------------------------|---|---|--|--|--|
| | | C.A. SPEAKERS | | | |
| 7 | 2PM-2:45PM Main room | Alan D from Dublin on The family afterward | | | |
| | 2:30PM-3:30PM Room 2 | Co-Anon workshop | | | |
| | 3PM-3:30PM Main room | Chelsea M from Dublin | | | |
| | 3:45-4:45PM Main room | Young (Sheffield) and Izaak (Bristol). Father and son sharing on the 12 steps | | | |
| 1 | | BANQUET | | | |
| | 7PM-8:30PM (Seating at 6:30PM) Main room | Banquet dinner | | | |
| | | AUCTION AND MAIN SPEAKER | | | |
| | 8:30PM-9PM Main room | Give back to our fellowship | | | |
| | 9:15PM-10.15PM Main room | Howard E from Florida | | | |
| ENTERTAINMENT OR MARATHON MEETINGS | | | | | |
| | 10:30PM-1AM Main room | Entertainment | | | |
| | 11PM-12AM 12AM-1AM Room 1 | Marathon meetings | | | |

SUNDAY

| MEDITATION WORKSHOP | | | | | |
|---------------------------------------|---|--|--|--|--|
| 8AM-9AM Room 1 | Workshop on meditation | | | | |
| HOWARD E WORKSHOP OR MARATHON MEETING | | | | | |
| 9:30AM-11:30AM Main room | That ain't in the big book | | | | |
| 10AM-11AM Room 1 | Marathon meeting | | | | |
| 11AM-12AM Room 2 | Letting go ceremony (Co-Anon) | | | | |
| C.A. SPEAKERS | | | | | |
| 12PM-1PM Main room | Maximillian from Cornwall | | | | |
| 2PM-3PM Main room | Emily N from Kildare | | | | |
| RAFFLE AND CLOSING CEREMONY | | | | | |
| 3PM-4PM Main room | Raffle, clean time countdown and closing ceremony | | | | |
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