Note

2. agreed to disagree and I went to live with my Grandfather,
5. and Grandmother. He was a retired farmer and lumberman. As I
4. see him in introspect, he was a very remarkable man. After he
5. returned from the Civil War he settled in the small Vermont
6. town where I was later to grow up. His original capital con7. sisted of a small, unim roved hillside farm, a sweet and
8. willing helpment, and an enormous determination to succeed in
9. whatever he attempted. He was a man of high native intelli10. gence, veracious reader, though little educated in the
11. school ease of the word. The e was plenty of financial
12. sense in his make-up and he was a man of real vision. Under

10.gence, voracious reader, though little educated in the

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22. the choppers might have their axes thawed out so that work
23. might begin on the mountaintop at daylight — this is the sort
24. of tradition upon which they nourished me. They finally
25. achieved their competence and retired late in life to enjoy
26.4 well earned rest and the respect and effection of their

27. neighbors. They were the sort of people, I see now, who 28. really made America.

29. But I had other ideas - much bigger and better ones, 30.so I thought. I was to be of the war generation which discipated the homely virtues, the hard earned savings, must the 32.pioneering tradition, and the incredible stamine of your 33.Grandskings and mine.

34. I too was ambitious - very ambitious, but very un-55.disciplined in spite of everyone's effort to correct that com-36 dition. I had a genius for eviding, postponing, or shirking 37. those things which I did not like to do, but when thoroughly 58.interested, everything I had was thrown into the pursuit of 39.my objective. My will to succeed at special undertakings on 40. which my heart were set was very great. There was a persio-41. tence, a patience, and a dogged obstinacy, that drove me on. 42. My Grandfather used to love to argue ith me with the object 43.of convincing me of the impossibility of some venture or 44.another in order to enjoy watching mettilt at the windmill: 45.he had erected. One day he said to me - I have just been 48. reading that no one in the world bytan Australian can make 47and throw the boomerang. This spark struck tinder madagement-48. thing and every activity was instantly lajed aside until it 49. could be demonstrated that he was mistaken. The woodbox was 50 not filled, no school work was done, nor could I hardly be 51.persuaded to eat or to go to bed. After a month or more of 52. this thing a boomerang was con tructed, which I threw around

55. the church steeple. On its return trip I went into trans-54.ports of joy because it all but decapitated my Grandfather 55. who stood near me.

I presently left the country schooland fared forth 56. . 7. into the great world I had read about in books. My first 58. journey took me only five miles to an adjoining town where I 59.commenced to attend a seminary well known in our section of 60. the state. Here competition was much more severe and 1 was 61. challenged on all sides to do the seemingly impossible. There 62. was the matter of athletics and I was soon burning with the 63.ambition to become a great baseball player. This was pretty 64.discouraging to begin with, as I was tall for my age, quite 65.awkward, and not very fast on my feet, but I literally worked 68.at it while others slept or otherwise amused themselves and 67.in my second year became captain of the team, whereupon my 08. interest began to languish, for by thit time someone had told 69.me I had no ear for music, which I have since discovered is 50 almost true. Despite obstacles I managed to appear in a few 71. song recitals whereupon my interest in singing disappeared 72. and I got terribly serious about learning to play the violin. 75. This grew into a real obsession and to the consternation of 74.my teachers, granxinxthexiastxymx and everyone else it be-75.come the immediate cause of my failing to graduate. This was 76.my first great catastrophe. By this time I had become Presi-77.dent of the class which only made matters worse. As in every-78. thing else I had been very good in certain courses of study

Page 4.
79. which took my fancy, and with others just the opposite;
80. Indolence and indefference, being the rule, So it was that
81. the legend of infallibility I had built up around myself
82. collapsed.

85. In the ensuing summer I was obliged for the first 84. time to really address myself to the distastful task of re-85. pairing my failure. Although my diploma was now in hand, i 86. was by no means clear to my grandperents and parents what 87. they had better next try to do with me. Because of my intere 88.in scientific matters and the liking I had to fussing with 89.gadgets and chemicals, it had been assumed that I was to be 90.an engineer, and my own leanings were toward the eletrical 91. branch of the profession. So I went to Botton and took the 92.entrance examination to one of the leading technical schools 98. in this country. For obvious reasons I failed utterly. It 94.was a rather heartbreaking matter for those interested in me 95. and it gave my self-sufficiency another severe deflation. Finally an entrance was effected at an excellent 98. 97.military college where it was hoped I would really be disci-98.plined. I attended this University for almost three years 99. and would have certainly failed to graduate or come anywher 100 near qualifying as an engineer, because of my laziness and 101. weakness in mathematics. Particularly C. lculmus, in this 102. subject a great number of formulas have to be learned and 105. their application practiced. I remember that I absolutely 104.refused to learn any of them or do any of the work whatever

Page 5. 105 until the general principles underlying the subject had 106.been made clear to me. The instructor was very patient, 107. but finally through up his hands in disgust as I began to 108.argue with him and to hint pretty strong_y that perhaps he 109.didn't quite understand them himself. So I commenced an in-.10. vestigation of the principles underlying Calculus in the 111.school library and learned something of the conceptions of 112 the great minds of Leibneitz and Newton whose genius had 113. made possible this useful and movel mathematical device. 114. Thus armed I mastered the first problem in the textbook and 115.commenced a fresh controversy with my teacher, who amorily, 116.but quite properly, gave me sero for the course. Fortunate-117.ly for my future at the University, I was soon embled to 118. leave the place gracefully, even heroically, for the 119.United States of America had gone to war. Being students of a military academy school 120. 121. the student body almost to a man bolted for the first 122.officers training camp at Plattsburgh. Though a bid under 125.age, I received a commission a second lieutenant and got 124 myself assigned to the heavy artillery. Of this I was 125.secretly ashamed, for when the excitement of the day had 126 subsided and I lay in my bunk, I had to confess I did not 127. want to be killed. This bothered me terribly this suspicion 128. that I might be a coward after all. I could not reconcile 129.it with the truly exalted mood of patriotism and idealism 150. which possessed me when I hadn't time to think.

Page 6.
151. very very damaging to my pride, though most of this damage
152. was repaired later on when I got under fire and discovered
155. I was just like other people, scared to death, but willing
154. to face the music.

135. After graduating from an army artillery chool,
136. I was sent to a post which was situated near a famous old
158. town on the New England coast mass famous for its despains
138. whaling, trading and Yackee seagoing tradition. Here I was
138. two decisions. The first one, and the beet, we marry. In
140. second decision was most explanationly the worst I ever nace;
141. I was in the coast mass John Barleycorn and decided that

143

144. Here I set out upon two paths and little did I realize
145.how much they were to diverge. In short I got married
146.and at about the same time, took my first drink and decided
147.that I liked it. But for the undying loyalty of my wife
148.and her faith through the years, I should not be alive today
149. She was a city bred person and represented a background and
150. way of life for which I had secretly longed. Her family
151. spent long summers in our little town. All of them were
152. highly regarded by the natives. This was most complimentary
155. for among the countrymen there existed strong and often un154. reasonable prejudices against city folks. For the most

156.assurance, and what then seemed to me great sophistication.

157. and Most of them had family trees. There were servants, 158.fine houses, gay dinners, and all of the other things with 159 which I was wont to associate power and distinction. All 160.of them, quite unconsciously I am sure, could make me feel 161. very inadequate and ill at ease. I began to feel woefully 162. lacking in the matter of poise and polish and worldly know-165.ledge. Though very proud of the traditions of my own people, 164. I sometimes indulged in the envious wish that I had been 165.born under other circumstances and with some of these advan-166. tages. Since time immemorial I suppose the country boysham 167. thrughtward: faitx are ixid have thought and felt as I did. 168. These feelings of inferiority are I suspect responsible for 169. the enormous determination many of them have felt to go out 170. to the cities in quest of what seemed to them like true 171. success. Though seldom revealed, these were the sentiments 172. that drove me on from this point.

173. The war fever ran high in the city near my
174.post and I soon discovered that young officers were in
175.great demand at the dinner tables of the first citizens of
176.the place. Social differences were layed aside and every177.thing was done to make us feel comfortable, happy, and heroir.
176.A great many things conspired to make me feel that I was im179.portant. I discovered that I had a somewhat unusual power
180.over men on the drill field and in the barracks. I was about
181.to fight to save the world for democracy. People whose

182. station In life I had envied were receiving me as an equal.

183. My marriage with a girl she represented all of the best 184. things the city had to offer, was close at hand, and last, 185. but not least, I had discovered John Barleycorn. .ove, ad-186. venture, war, applicate of the crowd, moments sublime rad 187. kilkriagers with intervals helarious - I was a part of life 188. at last, and very happy.

189. The warnings of my people, the contempt 190 which I had felt for those who drank, were put uside with 191. surprising alacrity as I discovered what the Bronx cocktail 192. could really do for a fellow. Wy imagination soared - por 193.tongue loosened at last - wonderful vistas opened on all . 194.sides, but best of all my self consciousness - my gaucheries 195. and my ineptitudes disappeared into thin air. I seemed to 196. the life of the party. To the dismay of my bride I used to 197.get pretty drunk when I tried to compete ith more ex-198.perienced drinkers, but I argued, what did that matter, for 199.so did everyone else at sometime before daylight. Then 200. came the day of parting, of a fond leave taking of my brave 201.wife, xwist that strange atmosphere which was the mixture 102, of sadness, high purpose, the feeting of elation that pre-203.cedes an adventure of the first magnitude. Thus many of use 204.sailed for over there; and none of us knew if we shouldre-205.turn. For a time, loneliness possessed me, but my new 206.friend Barkeycorn always took care of that. I had, I thought 207.discovered a missing link in the chain of things that make 208.life worth while.

209.

Then we were in dear old England, soon to cross 210. the channel to the great unknown. I stood in Winchester Pll. Cathedral the day before crossing kandxiaxhami with head 212.bowed, for something had touched me then I had never felt 213.before. I had been wondering, in a rare moment of sober 214.reflection, what sense there could be to the killing and 215 carrage of which I was soon to become an enthusiastic part. 216. Where could the Deity be - could there be such a thing -217. Where now was the God of the preachers, the thought of which 218 used to make me so uncomfortable when they talked .. bout him. 219. Here I stood on the xigus edge of the abyse into which 220. thous ands were falling that wory day. A feeling of despair 221.settled down on me - where was He - why did he not come-2 2. And suddenly in that moment of derimess, He was there. I 225.felt an all enveloping, comforting , overful presence. 224. Tears stood in my eyes, and as I looked about, I saw on the 225.faces of others nearby, that they too had glimpsed the great 226. reality. Each moved, I walked out into the Cathedral yard, 227. where I read the following inscription on a tombstone. Here 228. lies a Hampshire Grenzdier, Who caught his death drinking 229.small good beer - A good soldier is meter forgot, whether 230.he dieth by musket or by pot. * The squadron of bombers 231.swept overhead in the bright sunlight, and I cried to my elf 252. Here's to adventure! and the feeling of being in the great 235.presence disappeared, never to return for many years.

236.I felt a tremendous assurance about my future, for was not 257.I the only officer of my regiment save one, who had re-238.ceived a token of appreciation from the men. This quality 239.of leadership, I fancied, would soon place me at the head 240.of some great commercial organic tion which I would manage 241.with the same constant skill that the pipe organist does 242.his stops and keys.

244.best that could be done was to ecure a bookkeeping job in 245.the insurance department of the one of the large railroads.
246.I proved to be a wretched and rebellious bookkeeper and council. The stand criticism, nor was I much reconciled to my salary, 848.which was only half the pay I had received in the army. When 249.I started to work the railroads were under control of the 250.government. As soon as they were returned my road was respectively and to its stockholders, I was promptly let out because in 252.could not compete with the other clerks in my office. I was 255.so angry and humiliated at this reverse that I nearly became 254.a socialist to register my defiance of the powers that be, 255.which was going pretty for for a Vermonter.

257. position which brought in much more than mine had. Being ab258. surdly sensitive, I imagined that her relatives and my newly
259. made city acquaintances were snickering a bit at m. predica260. ment.

27..to very modest quarters where we could save money. When we 280.had accumulated \$1,000.00, most of it was placed in utility 281.stocks, which were then cheap and unpopular. In a small way, 282.I began to be successful in speculation. I was intrigued by 28..the romance of business, industrial and financial leaders be-284.came my heroes. I read every scrap of financial history I 285.could key hold of. Here I thought was the road to power.

267. How little did I see that I was fashioning a weapon that 268. would one day return and cut me to ribbons.

289. As so many of my heroes commenced as lawyers, 290. I persisted in the course, thinking it would prove useful. 291.I also read many success books and did a lot of things that 292. Horatio Alger's boy heroes were supposed to have done. 293. Characteristically enough I nearly failed my 294.law course as I appeared at one of the final examinations 295. too drunk to think or write. My drinking had not become 206. continuous at this time, though occasional embarrassing in-207. cidents might have suggested that it was getting a real hold. 1984Neither my wife or I had much time for social engagements 299. and in any event we soon became unpopular as I adways got 300 tight and boasted disagreeably of my plans and my future. 501. She was becoming very much concerned and fre-302 quently we had long talks about the matter. I maived her ob-303.jections aside by pointing out that red blooded men almost 304.al ays drank and that men of genius frequently conceived 305. their wast projects while pleasantly intoxicated, adding for 506.good measure, that the best and most majestic contructions of 307.philosophical thought were probably so derived.

By the time my law studies were finished,

509.I was quite sure I did not want to become a lawyer. I know

510.that somehow I was going to be a part of that then alluring

511.maclutrom which people call Wall Street. How to get into

512.business there was the question. When I proposed going out

515.on the road to investig to properties, my broker friends
514.laughed at me. They did not need such a service indipointed
515.out that I had no experience. I reasoned that I was partly
516.00 an engineer and as a lawyer, and that practically speaking
517.I had acquired viry valuable experience as a criminal investi518.gator. I felt certain that these assets could not be capita519.lized. I has sure that people lost money in securities be520.cause they did not know enough about managements, properties,
521.markets, and ideas at work in a given situation.

322. Since no one would hire me ...nd remembering that 525.we now had a few thousand dollars, my wife and I c neeived 324. the hare-brained scheme of going out and doing some of this 525. work at our own expense, so we such gave up our employment 326. mnd set off in a motorcycle and side car, which was loaded 227.down with a tent, bl nkets, change of clothes and three 528. huge volumes of a well known financial reference service. 529. Some of our friends thought a lunacy commission should be ap-350.pointed and I sometimes think they were right. Our first exb31.ploit was funtartic. Among other things, we owned two shares 552. of general Electric, then selling at about \$500.00 a share. 333. Everyone thought it was too high, but I stoutly maintained 234. that it would someday sell for five or ten times that figure. 335.So what could be more logical than to proceed to the main of-336.fice of the company in New York and investigate it. Naive 337.wasn't it? The plan was to interview the officials and get 238.employment there if possible. We drew neverty Piral delitable

339.from our savings as working capital, vowing never to draw
340.another cent. We arrived at Schenectady, I did talk with
341.some of the people of the tx company and became wildly en342.thusiastic over GE. My attention was drawn to the radio end
343.of the business and by a strange piece of luck, I learned
344.much of what the company thought about its future. I was
545.then able to put a fairly intelligent projection of the
346.coming radio boom on paper, which I sent to one of my brokers
347.in town. To replenish our working capital, my wife and I
348.worked on a farm nearby for two menths, she in the kitchen,
349.and I in the haystack. It was the last honest manual work

The cement industry then cought my fancy and we 352. soon found ourselves looking at a property in the Lehigh 552. steel district of Eastern Pennsylvania. An unusual speculative 554. situation existed which I went to New York and described to 355. one of my broker friend. This time I drew blook in the 356. shape of an option on one hundred shares of stock which 357. promptly commonced to soar. Securing a few hundred dollars 58. advance on this deal, we were freed of the necessity of work, 359. and during the momingryman following year, we travelled all 360. over the southeast part of the United States, taking in power 361. projects, an aluminum plant, the Florida boom, the B. rmingham 362. steel district, Muscle Shoals, and what not. By this time 365. my friends in New York thought it would pay them to really 364. hire me. At last I had a job in Wall Street. Murcover, I

365. had the use of twenty thousand dollars of their money. 356. For some years the fates tossed horsehoos and gold bricks 567. into my lap and I made much more money than was good for me. 368. It was too easy.

By this time drinking had gotten to be a very 369. M70.important and exhibitating place in my life. What was a \$71.few hundred dollars when you considered it in terms of ex-572.citement and important talk in the gilded palaces of jazz up-575.town. My natural conservativeness was swept away no I began 574. to play for heavy stakes. Another legend of infallability 375. commenced to grow up around me and I begun to have what is 576. called in Wall Street a following which amounted to many 377. paper millions of dollars. I had arrived, so let the scoffer 378. scoff and be dammed, but of course, they didn't, and I made 379.a host of fair weather (riends. I began to reach for more 380. power attempting to force myself onto the directorates of 581.corporations in which I controlled blocks of stock.

By this time, my drinking had assumed 383 serious proportions. The remonstrances of my associates ter-384 minated in a bitter row, and I became a lone wolf. Though I 585.menaged to avoid scrious screpes and partly out of inymity; 286.extreme drunkenness, I had not become involved with the fair 87. sex, there were many unhappy scenes in my apartment, which 388. was a large one, as I had hired two, and had gotten the real 389.estate people to knock out the wall between them.

880.

390 In the spring of 1929 caught the golf fever. his 591. illness was about the worst yet. I had thought golf was 392. pretty tepid sport, but I noticed some of my pretty 595. important friends thought it was a real game and it 594. presented an excuse for drinking by day as well as by 595. night. Morover some one had casually said, they didn't think 396. I would wer play a good game. This was a spark in a 397. powder magazine, so my wife and I were instantly off to the 398. country she to watch while I caught up with Walter Hagen. 599. Then too it was a fine chance to flaunt my money around 400. the old home town. And to carom lightly around the exclusive 401. course, whos selet city membership had inspired so much 402. awe in me as a boy. So Wall Street was lightly tossed 405. aside while I session drank wast quantities of gin ad 404. acquired the impeccable coat of tan, one sees on the faces 405. of the well to do. The local banker watched me with an 406. amused skepticism as I whirled good fat checks in and out 407. of his bank.

408. IN October 1929 the whirling movement in my bank 409 account ceased bruptly, and I commenced to thirl myself. 410. Then I falt like Stephen Lewconk's horsemen, it seemed as 411. though I were galloping/in all directions at once, for the All great panic was on. First to Montroal, then New York, to 415 rally my following in stocks sorely needing support. A Bow 414. bold spirits rushed into the breach, but it was no use. als. shed my own wings as the moth who gets too near the condle 418.flame. After one of those days of shricking inferno on the 417. stock exchange floor with no information available, I lurched from 418. drunkenly suthe botel bur to an adjoining broker ge office 419 there at about 8 oclock in the evening I feveri hly searched 420.a huge pile of ticker tape and tore off about an inch of it. 421. It bore the inscription P.F.K.32.. The stock h d opened at 422.52 that morning. I had controlled over one hundred thousand 423. shares of it, and had a sizable block myself. I know that I 424. was finished, and so were a lot of my friends.

425. I went back into the bar and after a few 426.drinks, my composure returned. People were beginning to jump 427.from every story of that great Tower of Babel. That was high

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429.that I was not so weak. I realized that I had been care—450.less, especially with other peoples money. I had not paid 451.attention to business and I deserved to be hurt. After water 152.some more whiskey, my confidence returned again, and with it 435.an almost terrifying determination to somehow capitalize this 454.mess and pay everybody off. I reflected that it was just 455.another whithwhile lesson and that there were a lot of 456.reasons why people lost money in Wall Street that I had not 457.thought of before.

439. It wife took it all like the great person she is.
439. I think she rather welcomed in the situation thinking it
440. might bring me to my sen es. Next morning, I woke early,
441. shaking badly from excitement and a terrific hangover. A
442. half bottle of Gin quickly took care of that momentary weak445. ness and soon as business places were open I called a
444. friend in Montreal and said - Well Dick, they have nailed my
445. hide to the barn door - said he "The hell they have, come
46. on up". That is all he said and up Went.

I shall never forget the kindness and generosity 448.of this friend. Moreover I must have still carried one 449.horseshoe with me, for by the spring of 1930, we were living 450.in our accustomed style and I had a very comfortable credit 451.balance on the very security in which I had taken the 452.heaviest licking, with plenty of champaigne and sound 453.canadian whickey, I began to feel like Napolean returning 454.Melba. Infallible again. No St. Helena for me. Accustomed 456.as they were to the ravages of fire water in C made in those 4 6.d.ys, I soon began to outdistance most of my countrymen both 457.as a serious and a frivolous drinker.

Then the deprension bore do n in carnest.xxxi
459. Incharing and the department of my
459. Though I had become manager of one of the departments of my
460. friend's business, my drinking and nonchalent cocksureness,
461. had rendered me worse than useless, so he reluctantly let me
462.go. We were stony broke again, and even our furniture
463. looked like it was gone, for I could not even pay next months
464. rent on our swank apartment.

465. We wonder to this day how we ever got out of A65. Montreal. but we did, and then I had to eat humble pie. We

467. went to live with my Father and Mother-in-law where we 468. happily found never failing help and sympathy. I got a 469.job at whit seemed to be a more pittance of one hundred 470.dollars a week, but a brawl with a taxi driver, who got 471. very badly hurt, put an end to that . Mercifully, no one 472.knew it, but I was not to have steady employment for five 475. years, nor was I to draw a sober breath if I could help it. 474. Great was my humiliation when my poor wife was 475. obliged to go to work in a department store, coming home ex-476. hausted night after night to find me drunk again. I become 477.4 hanger-on at brokerage shops, but was less and less wel-478.come as my drinking increased. Even then opportuniti s to 470. Make money pursued me, but I passed up the best of them by 480.getting drunk at exactly the wrong time. Liquor had ceased 481. to be a luxury; It had become a necessity. What few 482.dollars I did make were devoted to keeping my credit good at 485. the bars. To keep out of the hands of the police and for 484. reasons of economy, I began to buy bathtub gin, usually two 485. bottles a day, and sometimes three if I old a real workman-486.like job., This went on endlessly and I presently began to 487. awake real early in the morning shaking violently. Nothing 488. would seem to stop it but a water tumbler full of raw liquor. 489.If I could steal out of the house and get five or six 490 glasses of beer, I could sometimes eat a little breakfast. 491. Curiously enough I still thought I could control the situation 492, and there were periods of schriety which would revive Regard 493 ging hope of my wife and her parents. But as time wore on 494.matters got worse. By Mother-inlaw died and my wife's health

495. became poor, as did that of my Father-in-law. The house in 496. which we lived was taken over by the mortgage holder. Still 497. I persisted and still I fancied that fortune would again shim 498. upon me. As late as 1952 I engaged the confidence of a man 499. who had friends with money. In the spring and summer of that 500. year we raised one hundred thousand dollars to buy securities 50... at what proved to be an all time low point in the New York 502. stock exchange. I was to participate generously in the 505. profits, and sensed that a gre t opportunity was at hand. So

Page 19. 505. prodigous bender a few days before the deal was to be 506. closed.

In a measure that did bring me to my senses. 507. 508. Many times before I had promised my wife that I had stopped 509.forever. I had written her sweet notes and had inscribed 510 the fly leaves of all the bibles in the house with to that Not that the bible meant so much, but after all 512. t was the book you put your hand on when you were sworn in 513. at court. I now see, however, that I had no sustained de-514. sire to stop drinking until this last debacle. It was only 515. then that I realized it must stop and forever. I had come 516. to fully appreciate that once the first drink was taken, 517. there was no control. Why then take that one? That was it-518. never was alcohol to cross my lips again in any form. 515. was, I thought, absolute finality in this decision. I had 520. been very wrong, I was utterly miserable and almost runned. 521.T is decision brought a great sense of relief, for I knew 522. that I really wanted to stop. It would not be easy, I was 523. sure of that, for I had begun to sense the power and cunning 524.of my master - John Barleycorn. The old fierce determination 5 5. to win out settled down on me - nothing, I still thought, 526.could overcome that aroused as it was. Again I dreamed 527.of my wife smiling happily, as I went out to slay the dragon 528. I would resume my place in the business world and recapture 529. the lost regard of my fiends and associates. It would take 530.a long time, but I could be patient. The picture of myself 531.ns a reformed drunkard rising to fresh heights of achive-532.ment, quite carried me away with happy enthusiasm. My wife 533. caught the spirit for she saw at last that I really meant 534.business.

535. But in a short while I came in drunk. I could 536.give no real explanation for it. The thought of my new re-537.solve had scarcely occurred to me as I becam. There had 538.been no fight - someone had offered me a drink, and I had 539.taken it, casually, remarking to myself that one or two 540.would not harm a man of my capacity. What had become of my-541.giant determination? How about all of that self searching I 542.had done? Why had not the thought of my past failures and 543.my new ambitions come into my mind? That of the intense de-

544.sire to make my wife happy? Why hadn't these thingsxexthese 545.powerful incentives arisen in my mind to stay my hand as I 546.reached out to take that first drink? Was I crazy? I hated 547.to think so, but had to admit that a condition of mind re-548.sulting in such an appalling lack of perspective came pretty 549.near to being just that.

550. Then things were better for a time. I was 551. constantly on guard. After two or three weeks of sobriety 552. I began to think I was alright. Presently this quiet con-555.fidence was replaced by cocksureness. I would walk rest my 554.old haunts with a feeling of elation - I now fully realized 555, the enger that lurked there. The tide had turned at last -: 56. and now I was really through. One afternoon on my way h me 57.I walked into a bar room to make a telephone call, suddenly 558. I turned to the bartender and said "Four irish whiskies -559. water on the side" - As he poured them out with a surprised 560.look, I can only remember thinking to myself - "I shouldn't 561.be doing this, but here's how to the last time". As I 582 gulped down the fourth one, I beat on the bar with my fist 565, and said for "God's sake, why have I done this again?" Where 564. had been my realization of only this morning as I had 565. Passed this very place, that I was never going to drink again 566.I could give no answer, mortification and the feeling of 567.utter defeat swept over me. The thought that perhaps I 568. ould never stop crushed me. Then as the cheering warmth 569.of these first drinks spread over me, I said - "Next time 570. I shall manage better, but hile I am about it, I may as 571. well get good and drunk". And I did exactly that. 572. I shall never forget the remorse, the horror 575. the utter hopelessness of the next morning. The courage to 74.rise and do battle was simply not there . Before daylight 575. I had stolen out of the house, my brain raced uncontrollably. 576. There was a terrible feeling of im ending calamity. 577. feared even to cross a street, less I colkapse and be run 578. over by an early morning truck. Was there no bar open? Ah, 579 yes, there was the all night place which sold beer - though 580.it was before the legal opening hour, I persuaded the man be-Situated the food counter that I must have a drink or perhaps dis

582. on he spot. Cold as the morning was, I must have drunk 583.2 dozen bottles of ale in rapid uccession. My writhing 584. nerves were silled at last and I walked to the next corner 585, and bought a paper. It told me that the stock market had 586 gone to hell again - "What difference did it make nyway, 587. the market would get better, it alway: did, but I'm in hell 588.to stay - no more rising markets for me. Down for the count-589 what a blow to one so proud. I might kill myself, but no -590.not now." These were some of my thoughts - then I felt 581.dazed - I groped in a mental fog - more liquor would fix 592. that - then two bottles of cheap gin. Oblivion. 595. The human mind and body is a marvelous 594.mechanism, for mine withstood this sort of thing for yet 595.another two years. There was little money, but I could al-596. ways drink. Sometimes I stole from my wife's slender purse 597. when the early morning terror of madness was upon me. There 598.were terrible scenes and though not often violent, I would 559 sometimes do such things as to throw a sewing machine, or 600.kick the panels out of every door in the house. There were 601. moments when I swayed weakly before an open window or the 602 medicine chest in which there was poison - and I cursed my-603.self for a weakling. There were flights from the city to 604. the country when my wife could bear with me no longer at 805.home. Sometimes there would be several weeks and hoje would 808 return, especially for her, as I had not let her know how 507. defeated I really was, but there was always the return to 508.conditions still worse. Then came a night x when the physi-609.cal and mental torture was so hellish that I feared I would 610. take a flying loap through my bedroom window sash and all 611.and somehow managed to drag my mattress down to the kitchen 612.floor which was at the ground level. I had stopped drinking 6±3.a few hours before and hung grimly to my determination that 614.I ould have no more that night if it killed me. That very 615, nearly happened, but I was finally resc ed by a doctor who 616.prescribed cloral hydrate, a powerful sedative. This relies 617.ed me so much that next day found me drinking apparently 618. without the usual penalty, if I took some sedative occasion-619.ally. In the early spring of 1934 it became evident to

Page 22. 620. everyone concerned that something had to be done and 621. that wery quickly. I was thirty pounds underweight, as I 622.could eat nothing when drinking, which was most of the 623. time. People had begun to fear for my sanity and I fre-824. quently had the feeling m. self that I was becoming deranged. With the help of my brother-in-law, who is a 626. physician 1 as placed in a well known institution for the 627. bodily and mental rehabilitation of alcoholics. 628.thought that if I were thoroughly cleared of alcoh, I and 629. the brain irritation which accompanies it were reduced, I 650.might have a chance. I went to the place desperally hoping 651.and expecting to be cured. The so-called bella donna 332.treatment given in that place helped a great weal. My mind 633.cleared and my appetite returned. Alternate pariods of 654.hydro-therapy, mild exercise and relaxation d.u w nders for Best of all I found a great friend in the doctor who 636. was head of the staff. He went fer beyond his routine duty 657.and I shall always be grateful for those long talks in which 838.explained that when I drank I became physically ill and that 639. this bodily condition was usually accompanied by a mental 640. state such that the defense one should have against alcohol 641.became greatly weakmned, though in no way mitigating my 642.early foolishness and selfishness about or nk, I was greatly 645 relieved to discover that I had really been ill perhaps for 644. several years. Moreover I felt that the understanding and 645.fine physical start I was getting would assure my recovery. 646. Though some of the immates of the ; lace who had been there 647.many times seemed to smile at that idea. I noticed however 648. that most of them had no intention of quitting; they merely 649.came there to get reconditioned so that they could start in 650.again. In on the contrary, desparately wanted to stop and 651. strange to say I still felt that I was a preson of much more 652.determination and substance than they, so I left there in 653.high hope and for three or four months the goose hung high. 654. In a small way I began to make some progress in business. Then came the terrible day when I drank again 655. 656.and could not explain why I started. The curve of my de-657 clining moral and bodily health fell off like a ski jump. ASS. After a hoctic period of drinking, I found myself again in

680. Everyone became resigned to the certainty that I 681. would have to be confined somewhere or else stumble 682. Along to a miserable end, but there was soon to be 683. proof that indeed it is often darkest before dawn, 684. for this proved to be my last drinking bout, and I am 685. Supremely confident that my present happy state is to be 686. for all time.

687. Late one afternoon near the end of that 688.month of November I sat alone in the kitchen of my home. 689. As usual, I was half drunk and enough so that the keen 690. edge of my remorse was blunted. With a certain satis-691.faction I was thinking that there was enough gin se-652.creted about the house to keep me fairly comfortable 653. that night and the next day. My wife was at work and I 894. resolved not to be in too bad shape when she got home. 895. My mind reverted to the hidden bottles and mi I carefully 696.considered where each one was hidden. These things must 697.be firmly in mind to escape the early morning tragedy 698.of not being able to find at least a water tumbler full 699.of Equor. Just as I was trying to decide whether to risk 700.concealing one of the full ones within easy reach of my 701. side of the bad, the telephone rang.

702. Atxidexather endxofxthexitem Over the 703. wire came the voice of an old school friend and drinking 704.companion of boom times. By the time we had exchanged 705.greetings, I sensed that he was sober. This seemed 706.strange, for it was years since anyone could remember his 707.coming to N w York in that condition. I had come t think 708. of him as another hopeless devoteeof Bacchus. Current 709. rumor had it that he had been committed to a state institu-710. tion for alcoholic insanity. I wondered if perhaps he had 711.not just escaped. Of course he would come over right away 712. and take dinner with us. A fine idea that, for I then 715 would have an excuse to drink openly with him. Yes, we 714. would try to recapture the spirit of other days and per-7-5. haps my wife could be persuaded to join in, which in self 716.defense she sometimes would. I did not even think of the 717. Harm I might do him. There was to be a pleasant, and I

718.hoped an exciting interlude in what had become a round 719.dreary waste of leneliness. Another drink stirred my 720.fancy; this waste an oasis in the dreary waste. That 721.was it - an oasis. Drinkers are like that.

722. The door opened and there he stood, very 723.erect and glowing. His ddep voice boomed out cheerily - 724.the cast of his features - his eyes - the freshness of 725.his complexion - this was my friend of schooldays. There 726.was a subtle domething or other instantly apparent even to 727.my befuddled perception. Yes - there was certainly some-728.thing more - he was inexplicably different - what had 729.happened to him?

730. We sat at the table and I pushed a 731.lusty glass of gin flavored with pineapple juice in his 732.direction. I thought if my wife came in, she would be re-733.lieved to find that we were not taking it straight — 734. "Not now, he said. I was a little crest 735.fallen at this, though I was glad to know that someone 736.could refuse a drink at that moment - I knew I couldn't. 737."On the wagon?" - I asked. He shook his head and looked 738.at me with an impish grin .

739. "Aren't you going to have anything?"740.I ventured presently.

741. "Just as much obliged, but not tonight"
742.I was disappointed, but curious. What had got into the
.743.fellow - he wasn't himself.

744.

"No, he's not himself - he's somebody
745.else - not just that either - he is his old self, plus
746.something more, and maybe mimus something". I couldn't put
747.my finger on it - his whole bearing almost shouted that
748.something of great import had taken place.

749. "Come now, what's this all about", I
750.asked. Smilingly, yet seriously, he looked straight at me
751.and said "I've got religion".

752. So that was it. Lest summer an xixxx 753.alcoholic crackpot - this fall, washed in the blood of the 754.Lamb. Heavens, that might be even worse. I was thunder-755.struck, and he, of all people. What on earth could one

756.say to the poor fellow.

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757. So I finally blurted out "That's 758.fine", and sat back waiting for a sizzling blast on sal-759.vation and the relation of the Cross, the Holy Ghost, and 760.the Devil thereto. Yes, he did have that starry may 761.eyed look, the old boy was on fire all right. Well, bless 762.his heart, let him rant. It was nice that he was sober 763.after all. I could stand it anyway, for there was plenty 764.of gin and I took a little comfort that tomorrow's ration 765.wouldn't have to be used up right then.

766. Old memories of Sunday School - the profit 767.temperance pledge, which I never signed - the sound of the 768.preacher's voice which could be heard on still Sunday 769.mornings way over on the hillside beyond the railroad 770, tracks. - My grandfather's quiet scorn of things some 771. church people did to him - his fair minded attitude that 772. I should make up my mind about these things myself - his 773. conviction that the Taxes really had their massx susic -774. but his denial of the right of preachers to tell him how 775.he should listen - his perfect lack of fear when he men-776.tioned these things just before his death - these memories 777.surged up out of my childhood as I listened to my friend. 778. My man gorge rose for a moment to an all time high as my 779.anti-preacher - anti-church folk sentiment welled up in-780.side me. These feelings soon gave way to respectful at-781. tention as my former drinking companion rattled on. 782. Without knowing it, I stood at the great turning point of 783.my life - I was on the threshold of a fourth dimension 784.of existence that I had doubtfully heard some people dax 785.describe and others pretend to have.

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786.
         He went on to lay before me a simple
787.
       proposal.
                  It was so simple and so little
Z88.
       complicated with the theology and dogma
789.
       I had associated with religion that by
790.
      degrees I became astonished and delighted.
791.
      I was astonished because a thing so simple
792.
      could accomplish the profound result
793.
      beheld in the person of my friend.
                                           To say that
794.
       I was delighted is putting it mildly, for I
      ralized that I could go for his program also.
795.
      Like all but a few m human beings I had the but
796.
     believed in the existence of a power greater
727.
7388.
      than myself; true athiests are really very scarce.
7980.
      It always seemed to me more difficult an invogical
      to be an athiest than to believe there is a
500 ·
681.
     certain amount of law and order and purpose
382.
      underlying the universe.
                                 The faith of an athiest
783.
      in his convictions is far more blind then that
784.
     of the religionist for it leads inevitably to
785.
      the absurd conclusion that the vast and ever
      changing cosmos originally grew out of a cipher,
786.
787.
      and wew has arrived at its present state thru
788.
      a series of haphazard accidents, one of which
809.
      is man himself.
                       My liking for things ecientific
      had encouraged to look into such matters as
CLO.
sll.
      a theory of evolutionths nature of matter itself
312.
      as seen thru the eyes of the great chemists
813.
      physicists and astromoners and I had pondered
814.
      much on the question of the meaning of life itself.
815.
      The chemist had shown me that material matter
816.
      is not at all what it appears to be. His studies
817.
      point to the conclusion that the elements and there
818.
             combinations are best in the disented last
819.
      analysis nothing but different arrangements
820.
      of that universal something, which they are pleased
881.
      to call the electron. The physist and the
     astronomer had shown me that our universe .
822.
                                                           . . . . . . . . . .
      moves and evolves according to many precise
823.
      and well understood laws. They tell me to the
824.
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825. last second when the sun will be next eclipsed 826. at the place, I am now standing, or the very day 827. several decades from now when Hallyes comet will make its turn about the sun. 838. Much to my 829 e interest I learned from these men that great cosmic accidents occur bringing about conditions 33O. 831. which are not exceptions to the law, so much as they result in new and unexpected develop ments 832. 833. which arise logically enough once the so called 834. accident has occured. It is highly probable for 835. example-that our earth is the only planet in the solar system upon which man could evolve - and ** 836, 837/ is claimed by some astronomers that the chance: 838. that similar planets exist elsewhere in the universe 839. is rather small. There would have to be a vast number of coincidences to bring about the exact 840. 841. conditions of light, warmth, food supply, etc. 842. to support life as we know it here. But I used to ask myselfather regard the earth as an accident, 843. 844. in a system which evidences in so many respects the 845. greatest law and order ? If all of this law 846. existed then how could there be so much law and no 847. intelligence? And if there was an intelligence 848. great enough to materialize and keep a universe in 849. order it must necessarily have the power to create 850. accidents and make exceptions. 851. The evolutionist brought great logic to bear 852. on the proposition that life on this planet began with the lowly omebia, which was a simple cell 853. residing in the occase of tens past. Thru countless 55. . & strange combinations of logic and accident man and all other kinds of life evolved, but man possessed 856. 857. a consciousness of self, a power to reason and to 858. choose , and a small still voice which told him the 859. difference between right and wrongual Man became 860. increasingly able to fashion with his hands and 861. with his tools the creations of his own brain 862. He could give direction and purpose to natural laws and so be created 863.

864. and so he apparently created new things for himself 867. out of a tissue composed of his past experience and his new ideas. Therefore man tho' resembling 868. other forms of life in many ways seems to me 869. very different. It was obvious that in a limited 870. 871. fashion he could play at being a God himself . Such was the picture I had of myself and the 872. world in which I lived, that there was a mighty 873. rythm, intelligence and purpose behind it all 874. 875. despite inconsistencies. I had rather strongly 876. believed. 877. But this was as far as I had ever got toward 878. the realization of God and my personal relationship to Him. My thoughts of God were academic and 879. speculative when I had them, which for some years 880. past had not been often. That God was an Intelligence 831. 882. Fower and hove upon which I could absolutely rely 883. as an individual had not seriously occured to me. Of course I knew in a general way what theologians 884. 835. claimed but I could not see that religous persons as a class demonstrated any more power, love and 886. 887. intelligence than those who claimed no special dispensation from God , Tho' I grant#dethat 888. 889. christianity ought to be a wonderful influence I was annoyed, irked and confused by the attitudes 890. they took, the beliefs they held and the things sel. 892. they had done in the name of Christ,. People like 893. myself had been burned and whole populations put to fire and sword on the pretext they did not 894. believe as Christians did. History taught that 895. Christians were not the only offenders in this 896. 897. respect. It seemed to me that on the whole 898. it made little difference whether you were

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wasdem, Catholic, Jew. Protesant or Hotentot.
899.
      You were supposed to look askance at the other
900.
      fellows approach to God. Nobody could be saved
901.
      unless they fell in with your ideas. I had a
902.
      great admiration for Christ as a man, He practised
903.
      what he preached and set a marvelous example.
୭୦4 🔹
      It was not hard to agree in principle with his
905.
                                                   preferred
      His moral teachings but like most people, I
906.
      to live up to some moral standards but not to others.
907.
      At any rate I thought I understood as well as any
90G.
      one what good morals were and with the exceptions
909.
      of my drinking I felt superior to most christians
glo.
      I knew. I might be week in some respects but at
911.
      least I was not hypocritical, So my interest in
912.
      christianity other than its teaching of moral
913.
914.
      principles and the good I hoped it did on
915.
      balance was slight.
           Sometimes I wished that I had been religiously
gie.
917.
      trained from early childhood that I might have the
      comfortable assurance about so many things I found
918.
      it impossible to have any definate convictions
919.
      upon. The question of the hereafter, the many
920.
     theological abstractions and seeming contradictions
921.
      - these things were puzziling and finally annoying
922.
      for religious paople told me I must believe
923.
      a great many seemingly impossible things to be one
924.
      of them. This insistance on their part plus a
926.
      powerful desire to posess the things of this life
527.
 528. while there was yet time had crowded the idea of
      the personal God more and more out of my mind as the
929.
      years went by. Neither were my convictions strengthen
930.
      by my own misfortunes. The great war and its
931.
      aftermath seemed to more certainly demonstrate the
932.
      omnipitence of the devil than the loving care of
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933.

934.

an all powerful God

935. Mevertheless here I was sitting opposite a man who talked about a personal God who told me 936. how hw had found Him, who described to me how I 937. 938. might do the same thing and who convinced me utterly that something had come into his life 039. which had accomplished a miracle. The man was 940. 941. trasformed; there was no denying he had been re-942. born. He was radiant of something which soothed 943. my troubled spirit as tho the fresh clean wind of ~ 344. mountain top blowing thru and thru me _ I saw and 945. felt and in a great surge of joy I realized .46. that the great presence which had made itself felt to me that war time day in Winchester Cathedral 947. 948. had again returned. 949. As he continued I com menced to see myself as In 950. as in an unearthly whire. I saw how ridiculous and 951. futile the whole basis of my life had been. Standing in 952. the middle of the stage of my lifes setting I had been 953. feverishly trying to arrange ideas and things and people 954. and even God, to my own liking, to my own ends and to 955. promote what I had thought to be true happiness. It was 966. truly a sudden and breath taking illimination. Then the 957. idea came - " the tragic thing about you is, that you 958. have been playing God." That was it. Playing God. Then 959, the humor of the situation burst upon me, here was I a 960. tiny grain of sand on the infinite shores of Gods great 961. universe and the little grain of sand, had been trying 962. to play God. He really thought he could arrange all of 963. the other little grains about him just to suit himself. 964. And when his little hour was run out, people would 965. weep and say in awed tones-! How wonderful!. 966. So then came the question - If I were no 967. longer to be God then how was I to find and perfect 968. the new relationship with my creator - with the Father 969 of Lights who presides over all ? My friend laid down 970, to me the terms and conditions which were simple but 971. not easy, drestic yet broad and acceptable to honest

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972. men everywhere, of whatever faith or lack thereof. He dad not
   973. tell me that these were the only terms - he merely said that
   974. they were terms that had worked in his case. They were spiritual
  975. principles and rules of practice he thought common to all of the
  976. worthwhile religions and philosophies of mankind. He regarded them
  977. as stepping stones to a better understanding of our relation to The
  978. Spirit of the Universe and as a practical set of directions setting
  979. forth how the Spirit could work in and through us that we might
  980. become spearheads and more effective agents for the promotion
  981. of Gods Will for our lives and for our fellows. The great thing
  988. about it all was its simplicity and scope, no really religious
  983. persons belief would be interferred with no matter what his training.
  984. For the man on the street who just wondered about such things, it was
  985. was a providential approach, for with a small beginning of faith
  986. and a very large dose of action along spiritual lines he could be
  987. sure to demonstrate the Power and Love of God as a practical
  988. workable twenty four hour a day design for living.
  989.
                 This is what my friend suggested I do. One: Turn my face
 990. to God as - understand Him and say to Him with earnestness + complete
 991. honesty and abandon, that I henceforth place my life at His
 992. Disposal and Direction foreverxxxxxx that I do this in the presence
 993. of another person, who should be one in whom I have confidence and if
 994. I be a member of a religious organization, then with an appropriate
 995. member of that body. TWO: Having taken this first step, I should
 996. next prepare myself for Gods Company by taking a thorough and ruth-
 997. less inventory of my moral defects and derelictions. This I should
 998. do without any reference to other people, and their real or fancied
 999. part in my shortcomings should be rigorously excluded-" Where have I
1000. failed-is the prime question. I was to go over my life from the
1001. beginning and ascertain in the light of my own present understanding
1002. where I had failed as a completely moral person. Above all things in
1003. making this appraisal I must be entirely honest with myself. As an
1004. aid to thoroughness and as something to look at when 1 got through
1005. I might use pencil and paper. First take the question of honesty.
1006. Where, how and with whom had I ever been dishonest? With respect to
1007. anything. What attitudes and actions did I still have which were not
1008. completely honest with God with myself or with the other fellow. I wa
1009. was warned that no one can say that he is a completely honest
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1010. person. That would be superhiman and people aren't that way. 1011. Nor should I be misled by the thought of how honest I am in 1012. some particulars. I was too ruthlessly tear out of the past all 1013. of my dishonesty and list them in writing. Next I was to explore 1014. another area somewhat related to the first and commonly a very 1015. defective one in most people. I was to examine my sex conduct 1016. since infancy and rigorously compare it with what I thought that 1017. conduct should have been. My friend explained to me that peoples 1018. ideas throughout the world on what constitutes perfect sex conduct 1019. vary greatly consequently I was not to measure my defects in this 1020. perticular by adopting any standard of easy virtue as a measuring 1021. stick, I was merely to ask God to show me the difference between 1022. right and wrong in this regard and ask for help and strength and 1023. honesty in cataloguing my defects according to the true dictates 1024. of my own conscience. Then I might take up the related questions 1025. of greed and selfishness and thoughtlessness. How far and in what 1026. connection had I strayed and was I straying in these particulars? 1027. I was assured I could make a good long list if I got honest enough 1028. and vigorous enough. Then there was the question of real love for 1029. all of my fellows including my family, my friends and my enemies 1030. Had I been completely lowing toward all of these at all times 1031. and places. If not, down in the book it must go and of course 1032. everyone could put plenty down along that line.

(Resntments, self pity, fear, pride.)

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1034.
       feriorty, pride and egotism, were thingex attitudes which
1035.
       distorted ones perspective xmx and usefulness to entertain such
1036.
       sentiments and attitudes was to shut oneself off from God and
1037.
       people about us. Therefor it would be necessary for me to
1038.
       examine myself critically in this respect and write down my
1039.
       conclusions.
1040.
            Step number three required that I carefully go over my
1041.
       personal inventory and definatly arrive at the conclusion that
1042.
       I was now willing to rid myself of all these defects moreover
1043.
       I was to understand that this would not be accomplished by
1045.
       myself alone, therefore I was to humbly ask God that he take
1046.
       these handicaps away. To make sure that I had become really
1047.
       honest in this desire, I should sit down with whatever person
1048.
       I chose and reveal to him without any reservations whatever
1049.
       the result of my self appraisel. From this point out I was
1050.
       to stop living alone in every particular. Thus was I to midx keep
1051.
       myself free in the future of those things which shut out
1052.
       God's power, It was explained that I had been standing in my
1053.
       own light, my spritual interior had been like a room darkened
1054.
       by very dirty windows and this was an undertaking to wipe them
       off and keep them klean. Thus was my housecleaning to be ac-
1055.
1056.
       complished, it would be difficult to be really honest with my-
1057.
       self and God and perhaps to be completely honest with another
1058.
       person by telling an other the truth. I could however be ab-
1059.
       solutely sure that my self searching had been honest and effective.
1060.
       Moreover I would be taking my first spiritual step towards my
1061.
       fellows for something I might say could be helpful in leading
1062.
       the person to whom I talked a better understanding of himself.
1063.
       In this fashion I would commence to break down the barriers
1064.
       which my many forms of self will had erected. Warning was
1065.
       given me that I should select a person who would be in ho way
1066.
       injured or offended by what I had to say, for I could not expect
1067.
       to commence my spiritual growth at the w expense of another.
       My friend told me that when this step was complete, I would surely
1068.
       feel a tremendous sense of relief accompaning by the absolute
1069.
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my friend pointed out that resentment, selfpity, fear, in-

1033.

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1070.
       conviction that I was on the right t right road at last.
1071. 10 Step number four demanded that I frankly admit that my
1072, deviations from right thought and action had injured other people
1073. therefore I must set about undoing the damage to the best of my
1074. ability. It would be advisable to make a list of the all the
1075. persons I had hurt or with whom I had bad relations. People I
1076. disliked and those who had injured me should have perfered
1077. attention, provided I had done them injury or still entertained
1078. any feeling of resentment towards them . Under no sircumstances
1079. was I to consider their defects or wrong doing , then I was to
1080. approach these people telling them I had commenced a way of life
1081. which required that I be on friendly and helpful terms with every
1082. body; that I recognized I had been at fault in this particular
1083. that I was sorry for what I had done or said and had come to set
1084. matters right insofar as I possibly could. Under no circumstances
1085. was I to engage in arguement or controversy. My own wrong doing
1086. was to be admitted and set right and that was all. Assurance was
1087. to be given that I was prepared to go to any length to do the
1088. right thing. Again I was warned that obviously I could not
1089. make amends at the expense of other people, that gudgement and
1090.discretion should be used lest others should be hurt. This sort
1091. of situation could be postponed until conditions became such
1092. that the job could be done without harm to anyone. One could
1093. be contented in the meanwhile by discussing such a matter frankly
1094. with a third party who would not be involved and of course on a
1095.strictly confidential basis. Great was to be taken that one
1096.did not avoid situations dificult or dangerous to oneself on
1097. such a pretext. The willingness to go the limit a s fast had
1098. to be at all times present. This principle of making ammends
1099. was to be continued in the future for only by keeping myself free
2100. of bad relationships with others could I expect to receive the
1101. Power and direction so indespensable to my new and larger useful-
1102.ness . This sort of discipline would halp me to see others as
1103. they really are; to recognize that every one is plagued by various
1104.of self will; that every one is in a sense actually sick with
1105. some form of self; that when men behave badly they are only dis-
1106.playing symtoms of spiritual ill health .
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1107.
       one is not usually angry or critical of another when he
       suffers from some grave bodily illness and I would
1108.
       presently sec senseless and futile it is to be disturbed
13.09.
1110
       by those burdened by their own wrong thinking .
                                                         I was to
       entertain towards everyone a quite new feeling of tolerance
1111.
       patience and helyfulness I would recognize more and more
1112.
       that when I became critical or resentful I must at all
1113.
       costs realize that such things were very wrong in me
1114.
       and that in some form make or other I still had the very
1115.
1116.
       defects of which I complained in others. Much emphasis
       was placed on the development of this of mind toward others.
1117.
1118.
       No stone should be left unturned to acheive this end.
1119.
        The constant practice of this principle frequently ask-
       ing God for His help in making it work under trying
1120.
       circumstances was absolutely imperative . The drunkard
1121.
       espicially had to be most rigorous on this point for one
1122.
       burst of anger or self pity might so shut him out from his
1123.
1124.
       new found strength that he would drink again and with us
1125.
       that always means calamity and sometimes death.
             This was indeed a program, the thought of some of the
1126.
       things I would have admit about myself to other people
1127.
       was most distasteful - even appalling. It was only to o
1128.
       plain that I had been ruined by my own colosal egotism
1129.
 1130. and selfishness, not only in respect to drinking but with
       regard to everything else. Drinking had been a symptom
1181.
      of these things. Alcohol had submerged my inferiorities
1132.
       and puffed up my self esteem, body had finally rebelled
1133.
       and I had become fatally affected , my thinking and action
1134.
       was weefully distorted thru infection from the mire of
13.35.
       self pity, resentment, fear and remorse in which I now
1136.
       wallowed . The motive behind a certain amount of generosity,
1137.
       kindness and the maticulous honesty in some directions
 1138.
       upon which I had prided myself was not perhaps not so
1139.
       good after all. The motive had been to get personal
1140.
       satisfaction for myself, perhaps not entirely but on the
1141.
       whole this was true. I had sought the glow which comes
 1142.
1143.
       with thexeless and Praise rendered me by others.
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I began to see how actions good in themselves might avail
1144.
      little because of wrong motive , I had been like the man
1145.
      who feels that all is well after he has condesendingly
1146.
      taken turkeys to the poor at Xmas time . How clear it
1147.
      suddenly became that all of my thought and action, both
1148.
      good and bad, had arisen out of a desire to make myself
1149.
      happy and satisfied. I had been self centered instead of
1150.
1151.
      God centered. It was now easy to understand why the taking
1152.
      of a simple childlike attitude toward God plus axdrastic
1153.
      program of action which xwantd xplayer kinx would bring
1154.
      results. How evident at became that mere faith in God
1155.
      was not enough. Faith had to be demonstrated by works
      and there could be no works or any worth while demonstrations
1156.
      until I had fitted myself for the undertaking and had be-
1157.
      come a suitable agent thru which God might express Himself.
1158.
       There had to be a tremendous personal housecleaning, a
1159.
       sweeping away of the debris of past wilfullness, a restoring
1160.
      of broken relationships and a firm resolve to make God's
1161.
      will my will . I must stop forcing things , Imust stop
1162.
      trying to mold people and situations to my own liking.
1163.
      Nearly every one is taught that human willpower and ambition
1164.
1165.
      if good ends are sought are desirable attributes.
      had clung to that conception but I saw that it was not good
1166.
      enough, nor big enough , nor powerful enough . My own will
1167.
      had failed in many areas of my life. With respect to
1168.
      alcohol it had become absolutely inopperative . My ambitions,
1169.
      which had seemed worthy at one time, had been frustrated.
1170.
      Even had I been successful , the persuit of my desires
1171.
      would have perhaps harmed others add their relizationw
1172.
      would have added little or nothing to anyones peace,
1173.
      happiness or usefulness. I began to see that the clashing
1174.
      ambitions and designs of even those who sought what to them
1175.
       seemed worthy ends , have filled the world with discord and
1176.
      misery . Perhaps people of this sort created more harden:
11.77.
       havoc than those confessedly imoral and armsked croocked
1178.
       I saw even the most useful people die unhappy and defeated.
1179.
1180. All because some one else had behaved badly or they had
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